



**HEALTH TOPIC OF FEBRUARY 2020**

**CORONAVIRUS**

**Definition**

Coronavirus are a group of viruses that cause diseases in mammals and birds. In humans, the viruses cause respiratory infections which typically are mild including common cold.

**Transmission:**

Direct contact with infected patient.

Droplets during the patient coughing and sneezing.

Contact with infected animals / birds

**Signs and Symptoms:**

Coughing

Fever

Breathlessness

Sometimes vomiting

Sometimes Diarrhoea

**Complications:**

Severe Pneumonia

Kidney failure

**Prevention:**

Usage of masks when suspecting that a person is infected

Avoid shaking hands

Wash hands with warm water and soap after coughing / sneezing

Seek medical attention once suspected

**Treatment:**

No treatment but patient receives supportive treatment as per the symptoms.

No vaccine yet.

OCCUPATIONAL AND WELLNESS COORDINATOR

DATE:31/01/2020