

## **SAFETY TOPIC - JUNE 2023**

## AVOID NIP AND PINCH POINT INJURIES WHEN MANUAL HANDLING MATERIALS AND EQUIPMENT



## Tips to consider for avoiding nip and pinch points injuries:

- ✓ Ensure correct hand positioning prior to lifting or handling.
- ✓ Identify nip and pinch points, discuss and implement controls with your colleagues prior to start of work.
- ✓ Always be attentive when performing a task and keep hands away from nip points.
- ✓ Do not work on moving machinery with unguarded nip points.
- √ Wear correct safety gloves [selection should be done based in the task at hand].

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